



1ST BATTALION 421ST REGIMENT

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BNCOC STUDENT GUIDE

Basic Non-Commissioned Officer Course (BNCOC) Stand Alone Common Core (Phase I). BNCOC provides Staff Sergeants and Sergeants selected for promotion with an opportunity to acquire the leader technical and tactical values, attributes, skills, and actions needed to lead a squad-sized unit. The course produces battle competent NCOS who are qualified squad/section sergeants, team/section leaders, evaluators, counselors, conductors or participants in individual and collective training. Phase I is non-MOS specific, taught using the small group method in a classroom environment with practical applications, performance evaluations, and testing. Small Group Leaders (SGLs)/Instructors assess the students leadership potential and evaluate their ability to apply lessons learned to effectively lead their classmates.

BNCOC Course Prerequisites:

Attendees to BNCOC must meet the following eligibility criteria:

- Six months minimum remaining in service after graduation
- Have not previously received promotion point credit for the course.
- Meet physical fitness and height/weight standards outlined in AR 600-9 upon enrollment

Attendees to BNCOC must meet the following mandatory prerequisites:

- Active Army or Reserve Component enlisted soldier who meets enlistment requirements
- Selected by PERSCOM (Active Army) or appropriate promotion authority (Reserve Component)
- Staff Sergeant or promotable Sergeant
- Qualified in his/her MOS
- Soldiers over 40 must complete required Over-40 Cardiovascular Screening and receive final clearance prior to attending
- Meet requirements outlined AR 351-1 (which AR 350-1 will replace), TRADOC Reg 350-10 (which TRADOC Reg 350-10 will replace), and TRADOC Reg 350-18
- Graduate of PLDC and served in the unit a minimum of six months between PLDC completion and a BNCOC class start date.
- No permanent profile that prohibits meeting graduation requirements.
- Must have a completed and properly signed Unit Pre-Execution Checklist (signed by the soldier and his/her commander), Annex H, TRADOC Reg 350-18.
- Must take and pass the Army Physical Fitness Test (APFT) within 72 hours of enrollment. If the soldier fails the initial APFT, the soldier will get one retest. If the soldier fails the retest, the soldier will receive an academic dismissal for failure to meet APFT standards.

WHAT TO BRING WITH YOU FOR INPROCESSING:

- PRE-EXECUTION CHECKLIST, Annex H TRADOC Reg 350-18. Completed and signed by you and your commander, no exceptions. Make sure your PLDC completion date and APFT are noted.
- PERMANENT PROFILE if you have physical restrictions.
- LAST PHYSICAL if you are over 40.
- MILITARY ID CARD & DOG TAGS.
- BE READY TO WEIGH-IN & TAPE IF NECESSARY.